

CV

Susanne Walitza **MD, MSc in Psychology** **Professor of Child and Adolescent Psychiatry and Psychotherapy**



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Professional career

09-2008 – cont. **Full Professor (Chair), Head of Department / Medical & Research Director**
Child and Adolescent Psychiatry and Psychotherapy, University of Zurich and
University Hospital of Psychiatry Zurich, Switzerland

Former Positions

05-2022 – 05-2024 **Head of the Academic Medical Board of the University Hospital of Psychiatry Zurich**

University Hospital of Psychiatry Zurich, Switzerland

05-2018 – 05-2020 **Head of the Academic Medical Board of the University Hospital of Psychiatry Zurich**

University Hospital of Psychiatry Zurich, Switzerland

08-2015 – 07-2017 **Vice Dean (Prodekan) for Clinical Education**

Faculty of Medicine, University of Zurich, Switzerland

04-2008 – 08-2008 **Senior Physician / Chair of the Day Clinic and the Outpatients Clinic**

Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

04-2007 – 03-2008 **Maternity Leave**

05-2005 – 03-2007 **Senior Physician / Chair in the Field of Education and Research and Chair of Psychiatric Family-Law Assessments**

Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

05-2004 – 04-2005 **Rotation Position from Child and Adolescent Psychiatry to Nuclear Medicine**

Interdisciplinary Center for Clinical Research of the University of Wurzburg (IZKF), University of Wurzburg, Germany

06-2003 – 03-2005 **Physician; Specialist in Child and Adolescent Psychiatry and Psychotherapy**

Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

06-2002 – 05-2003 **Physician**

Department of Pediatric Neurology, Pediatric Neurosurgery and General Pediatrics (Children's Hospital), University of Wurzburg, Germany

09-2001 – 03-2002 **Research Fellow**

Molecular Genetic Laboratory for Clinical Research, Department of Child and Adolescent Psychiatry and Psychotherapy, University of Marburg, Germany

03-1999 – 05-2002 **Physician**

Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

10-1996 – 10-1997 **Tutor in Clinical Psychology / Personality Psychology**

Technical University Berlin, Germany

Education

06-2014 – 12-2014 **Certification in Good Clinical Practice (GCP): Modules 1 to 3**

Clinical Trials Center (CTC), University of Zurich & University Hospital Zurich, Switzerland

05-2005 – 08-2007 **Habilitation and Venia Legendi for Child and Adolescent Psychiatry and Psychotherapy**

Faculty of Medicine (Department of Child and Adolescent Psychiatry and Psychotherapy), University of Wurzburg, Germany

01-2004 – 11-2008	Certification in Forensic Child and Adolescent Psychiatry Qualification in Forensic Child and Adolescent Psychiatry, The three German Associations for Child & Adolescent Psychiatry (BAG KJPP, BKJPP, DGKJP)
03-2000 – 04-2005	Further Education Psychotherapeutisches Kolleg Würzburg, Germany (Head: Prof. Dr. G. Nissen)
03-1999 – 05-2005	Certificate as Specialist in Child and Adolescent Psychiatry and Psychotherapy Bavarian State Chamber of Physicians (BLÄK), Bavarian State Ministry for Environment and Health (StMUG), Germany
03-1999 – 09-2000	Medical Licensure (Approbation) State Office for Health and Social Affairs (LAGeSo) Berlin, Senate Department for Health and Social Affairs Berlin, Germany
01-1994 – 03-1999	Doctor of Medicine (MD / Dr. med.) Faculty of Medicine, University of Würzburg, Germany
03-1996 – 03-1999	Diploma in Psychology (MSc / Dipl.-Psych) Department of Psychology and Ergonomics, Technical University Berlin, Germany, parallel to study of Medicine
01-1990 – 04-1998	Study of Medicine Faculty of Medicine, University of Würzburg and Free University of Berlin (state exam), Germany
11-1988 – 10-1990	Study of Psychology Institute of Psychology, University of Würzburg, Germany

Affiliations, Memberships and Board Memberships

University of Zurich, Switzerland

- As Vice Dean for Clinical Education: Member of the Governing Board and the Faculty Committee of the Faculty of Medicine UZH, 2015 to 2017
- Member of the Coordination Committee University Medicine Zurich (UMZH), 2018 to 2024
- Member of the Steering Committee of the Competence Center for Mental Health of the UZH (CCMH) and of The LOOP Zurich
- Member of the UZH Center for Crisis Competence (CCC) since 2022
- Neuroscience Center Zurich (ZNZ): Member of the Steering Committee since 2019
- Swiss Academy of Medical Sciences (SAMW): Elected Lifetime Individual Member of the Senate since 2023; Delegate of the Faculty of Medicine UZH from 2017 to 2022
- Foundation for Medical Research at the Faculty of Medicine UZH: Member of the Board of Trustees and the Foundation Council
- Division (Fachbereich) of Clinical Neuroscience and Psychiatry, Faculty of Medicine UZH: Chairperson 2012 to 2014, Deputy Chairperson 2010 to 2012
- Young Professionals Promotion Committee, Faculty of Medicine UZH: Member 2010 to 2016
- MERH Kompetenzzentrum Medizin Ethik Recht Helvetiae: Member
- Foundation for Research in Science and the Humanities at the University of Zurich: Member
- Zurich Center for Integrative Human Physiology (ZIHP): Member

Child and Adolescent Psychiatry and Psychotherapy

- The International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP): Non-Elected Member of the Executive Committee as WHO Liaison since 2022
- Association of Chief Physicians of the Swiss Society for Child and Adolescent Psychiatry and Psychotherapy (VKJC): Founder and President 2013 to 2018
- Swiss Society for Child and Adolescent Psychiatry and Psychotherapy (SGKJPP): Board Member since 2012, responsible for Public Relations SGKJPP since 2019
- Psychiatric Services Grisons (PDGR): Member of the Board of Directors since 2022
- Swiss Mental Health Care (SMHC): Board Member 2012 to 2015
- Institute for Child and Adolescent Psychotherapy of the University Hospitals Basel, Bern, Zurich (IPKJ): Co-Director since 2011, President in 2014 and 2022 to 2023
- Academy for Child and Adolescent Behavior Therapy (AVKJ): Board Member since 2009
- Zurich Association of Chief Psychiatrists (ZVPC): Board Member 2009 to 2015
- Swiss Society of Early Childhood Research (SSECR): Member
- Association for Neuropsychopharmacology and Pharmacopsychiatry (AGNP): Member
- OPSY: Zurich Society for Children and Adolescents suffering from psychiatric disorders: President since 2010

Disorder-specific

- World Association for Stress Related and Anxiety Disorders (WASAD): Vice President since 2021
- International College of Obsessive Compulsive Spectrum Disorders (ICOCS): Board Member since 2019; Co-Chair since 2022
- World Federation of Attention-Deficit/Hyperactivity Disorders: Vice President 2011 to 2015
- Swiss Society for Obsessive-Compulsive Disorders (SGZ): Vice President since 2009
- Swiss Society for Anxiety and Depression (SGAD): Board Member since 2011

- Swiss Society for ADHD: Member

Editorial Board Memberships

- Journal of Psychiatric Research: Associate Editor since 2020
- Journal of Neural Transmission: Field Editor for “Psychiatry and Preclinical Psychiatric Studies” since 2019
- Frontiers Neuropharmacology (Frontiers in Neuroscience, Frontiers in Neurology, Frontiers in Pharmacology): Guest Associate Editor for Frontiers Research Topic *Neurodevelopmental Processes in Health and Disease: Bridging Basic and Clinical Research* 2017 to 2019
- ADHD – Attention Deficit and Hyperactivity Disorders: Editorial Board Member 2009 to 2019
- PSYCH up2date: Editorial Board Member until 2015

Reviewer, Advisory and Consulting Expert (selection)

- As Vice Dean Member of the Examination Board Human Medicine (Prüfungskommission Humanmedizin) of the Swiss Federal Department of Home Affairs (FDHA) 2015 to 2017
- Member of the International Scientific Advisory Board of the Center for Mental Health, University Hospital Tübingen since 2020
- Swiss National Science Foundation (SNF) (reviewer)
- German Research Foundation (DFG) (reviewer)
- Health Research Board (HRB) Ireland
- OAQ
- Archives of General Psychiatry (reviewer)
- Journal of the American Academy of Child and Adolescent Psychiatry (reviewer)
- American Journal of Medical Genetics Part B: Neuropsychiatric Genetics (reviewer)
- Brain Research (reviewer)
- European Journal of Child and Adolescent Psychiatry (reviewer)
- International Journal of Neuropsychopharmacology (reviewer)
- Journal of Child Psychology and Psychiatry (reviewer)
- Journal of Psychopathology (reviewer)
- Molecular Psychiatry (reviewer)

Third Party Funds

SNF, EU, H2020/22, HSM, DFG, University and further grants as PI and Co-PI

2024 – 2026	Swiss National Foundation: <i>Validating a web-based tool for diagnosing psychiatric illness in children and adolescents</i> ; Co-PI
2023 – 2028	EU H2022: <i>Boosting Societal Adaptation and Mental Health in a Rapidly Digitalizing, Post-Pandemic Europe (BOOTSTRAP)</i> ; PI of the Project Recruitment
2023 – 2023	Swiss National Foundation, Scientific Exchanges: <i>WASAD Congress 2023 – Dealing with stress and anxiety in a world of chronic crises</i> ; PI
2022 – 2027	Heuberg Foundation: <i>Clinical Zurich Youth Suicide Prevention Project</i> ; PI
2022 – 2024	University Medical Center Groningen (UMCG) – Collaborative Project: <i>multi-centre study Collaborative Genomic Studies of Tourette Disorder (Tic Genetics)</i> ; PI Zurich
2021 – 2023	Uniscientia Foundation: <i>Die psychischen Auswirkungen der Covid-19-Pandemie auf Kinder und Jugendliche, ihre Eltern sowie auf junge Erwachsene in der Schweiz; Teil 2 (The psychological impact of the Covid 19 pandemic on children and adolescents, their parents, and young adults in Switzerland; second wave)</i> ; PI
2021 – 2024	Gesundheitsförderung Schweiz: <i>AdoASSIP – Prävention von Suizidversuchen und Suiziden bei Adoleszenten (AdoASSIP - Prevention of suicide attempts and suicides in adolescents)</i> ; Co-PI
2020 – 2022	Swiss State Secretariat for Education, Research and Innovation (SERI) & University of Geneva, Research Preparation Grants (RPG) with Russia 2020: <i>Impact of genetic deficiency in the synthesis of brain-specific gangliosides and glycoproteins mediated by the ST3GAL3 and ST3GAL5 genes on the neuropathology</i> ; PI
2020 – 2022	Uniscientia Foundation: <i>Die psychischen Auswirkungen der Covid-19-Pandemie auf Kinder und Jugendliche, ihre Eltern sowie auf junge Erwachsene in der Schweiz (The psychological impact of the Covid 19 pandemic on children and adolescents, their parents, and young adults in Switzerland)</i> ; PI
2020 – 2022	UZH Foundation & Erika Schwarz Foundation: <i>The psychological impact of the coronavirus pandemic shutdown in Switzerland</i> ; PI
2020 – 2022	Vontobel Foundation: <i>Add-on to the SNF project "Omega-3 fatty acids as first-line treatment in Paediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study. Add-on for funding a doctoral fellowship</i> ; PI

- 2018 – 2020 **Ebnet Foundation:** *Add-on to the SNF project "Omega-3 fatty acids as first-line treatment in Paediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study. Add-on for funding a doctoral fellowship;* PI
- 2018 – 2020 **Oxford - Brain @McGill - ZNZ Partnership in the Neurosciences (Oxford, McGill University and Neuroscience Center Zurich, University of Zurich & ETH), Collaborative Project:** *Epigenetics and ADHD: Family-based and case-control association studies of the dopamine and serotonin transporter gene;* PI (CH)
- 2017 – 2022 **COST (European Cooperation in Science and Technology):** *CA16207 – European Network for Problematic Usage of the Internet (EU-PUI);* Management Committee Member (CH)
- 2017 – 2022 **Gertrud Thalmann Fonds of the UPK Basel, Collaborative Project:** *Effects of Omega-3 fatty acids supplementation on sleep and physical activity in pediatric depression. Add-on study to the investigator-initiated clinical trial SNF project Omega-3 fatty acids as first-line treatment in Pediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study;* Co-PI
- 2017 – 2019 **EU H2020 SME Instrument & Mensia Technologies SA:** *Effectiveness of a Personalized Neurofeedback Training Device (ADHD@Home) as compared with Methylphenidate in the treatment of children and adolescents with Attention-Deficit/Hyperactivity Disorder: A multicentre randomized clinical study;* PI (CH)
- 2016 – 2023 **Swiss National Foundation, Investigator Initiated Clinical Trial:** *Omega-3 fatty acids as first-line treatment in Paediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study;* Co-PI
- 2016 – 2023 **University Medical Center Utrecht & Stanley Medical Research Institute – Collaborative Project:** *multi-centre study Placebo-controlled trial in subjects at Ultra-high Risk for Psychosis with Omega-3 fatty acids in Europe (PURPOSE);* PI (CH)
- 2015 – cont. **Cooperation Project between the Psychiatric Clinic and the Department of Child and Adolescent Psychiatry, University of Zurich – Part of the HSM-2 (Gesamtstrategie Hochspezialisierte Medizin) of the Canton of Zurich, Switzerland:** *Psychiatric Satellite Clinical Trial Center (psCTC);* Co-PI
- 2015 – 2022 **BfArM: Pharmakovigilanz in der Psychiatrie / Neurologie: Pharmakovigilanz bei Patienten im Kindes- und Jugendalter (Kompetenznetz TDM KJP e.V.):** *Erhebung von Beobachtungsdaten zu Wirkung, Neben- und Wechselwirkungen von (Off-Label-) verordneten Antidepressiva und Antipsychotika sowie Untersuchungen zu arzneimittelbedingten Risiken von Psychostimulanzien bei der hyperkinetischen Störung;* PI (CH)
- 2014 – 2020 **Olga Mayenfisch Foundation:** *Identification of biomarkers for obsessive-compulsive disorder in children and adolescents;* PI
- 2014 – 2018 **Zürcher Impulsprogramm zur nachhaltigen Entwicklung der Psychiatrie (ZInEP):** *Zürcher Längsschnitt- und Familien-Studie zur Entwicklungspsychopathologie (ZüLFS);* Co-PI
- 2013 – 2018 **EU Research Program (European Commission), FP7 – Collaborative Project:** *Aggrosotype – Aggression subtyping for improved insight and treatment innovation in psychiatric disorders;* Co-PI (CH)
- 2013 – 2015 **EU Research Program (European Commission), FP7 – Collaborative Project:** *Attention Deficit Hyperactivity Disorder Drugs Use Chronic Effects (ADDUCE);* PI (CH)
- 2011 – 2018 **EU Research Program (European Commission), FP7 – Collaborative Project:** *European Multicentre Tics in Children Studies (EMTICS);* PI (CH)
- 2010 – 2014 **NOMIS Foundation:** *Developmental Dyscalculia-Behavioral Characteristics, Neuronal Correlates and Intervention;* Co-PI
- 2010 – 2013 **Swiss National Foundation:** *Neuroimaging of cognitive flexibility and action monitoring in paediatric obsessive-compulsive disorder (OCD) and attention deficit-hyperactivity disorder (ADHD);* PI
- 2009 – cont. **Cooperation Project between the Psychiatric Clinic and the Department of Child and Adolescent Psychiatry, University of Zurich. Part of the HSM-1 (Gesamtstrategie Hochspezialisierte Medizin) of the Canton of Zurich, Switzerland:** *Früherkennung und differenzierte Indikationsstellung für Frühbehandlung psychiatrischer Erkrankungen sowie Therapieforschung. 2009 to 2014: Funds for a 3-Tesla MRT-Machine;* Co-PI
- 2007 – 2009 **Interdisciplinary Center for Clinical Research of the University of Würzburg (IZKF):** *Collaboration with Prof. H. Stopper, Institute of Pharmacology and Toxicology: Wirkung dopaminerger Pharmaka auf die genomische Stabilität (N-5);* Co-PI
- 2007 **Wissenschaftliches Herausgeberkollegium der Münchner Medizinischen Wochenschrift:** *Genetische Untersuchung im Verlauf von Zwangsstörungen im Kindes- und Jugendalter;* PI

- 2005 – 2008 **German Research Association:** *Prospektive Untersuchung zum Verlauf von Zwangsstörungen mit Beginn im Kindes- und Jugendalter (WA 1618/1-1)*; PI
- 2004 – 2011 **German Research Association:** Clinical research group *Aufmerksamkeitsdefizit-Hyperaktivitätsstörung (ADHS): Molekulare Pathogenese und Endophänotypen im Therapieverlauf*. Subproject: Collaboration with Prof. K. P. Lesch: *Functional molecular genetics: genotype-phenotype correlation and linkage analysis in attention-deficit/hyperactivity disorder (KFO 125/1-1)*; Co-PI
- 2004 – 2005 **Interdisciplinary Center for Clinical Research of the University of Würzburg (IZKF):** Rotation Position from Child and Adolescent Psychiatry to Nuclear Medicine for the project *Untersuchungen des Dopamin-Transporters mittels TC-99m-TRODAT-1-SPECT bei Jugendlichen mit ADHS*; PI

Awards & Honours (selection)

- 2023 **Election as Lifetime Individual Member of the Senate** of the Swiss Academy of Medical Sciences (SAMW)
- 2023 **Third Prize Winner of the IJERPH 2021 Best Paper Award:** “Stress and Mental Health among Children/Adolescents, Their Parents, and Young Adults during the First COVID-19 Lockdown in Switzerland”
- 2018 **Westernberg-Prize 2018 ECNP Barcelona, ICOCS:** “Duration of untreated illness and the outcome of early onset OCD”
- 2005 **Hermann-Emminghaus-Prize:** “Investigations of obsessive-compulsive disorders in childhood and adolescence”

Zurich, 30.09.2024 / Prof. Dr. med. Dipl.-Psych. Susanne Walitza